



QP CODE: 24008075



Reg No :

Name :

**UNDER GRADUATE (CBCS) SPECIAL REAPPEARANCE EXAMINATIONS, MARCH
2024**

Fifth Semester

(Offered by the Board of Studies in Psychology)

OPEN COURSE - PY5OPT01 - BASICS OF COUNSELLING PSYCHOLOGY

2021 Admission Only

824A06CE

Time: 3 Hours

Max. Marks : 80

Part A

*Answer any **ten** questions.*

Each question carries 2 marks.

1. Educational psychology.
2. Division of attention.
3. Principles of observational learning.
4. Proactive interference.
5. Need for security.
6. Rapport.
7. Precounseling interview.
8. Unconditional positive regard.
9. Unrealistic believes.
10. Token economy.
11. Resistance.
12. Flooding.

(10×2=20)

Part B

*Answer any **six** questions.*

Each question carries 5 marks.

13. Structuralism and functionalism.





14. Types of reinforcement with examples.
15. Sensory ,short term and long term memory.
16. Primary and secondary motives.
17. Define emotion and explain Facial feedback Hypothesis.
18. Mental health.
19. Psychotherapy and counselling.
20. Structure of personality.
21. Examine person centered appraoch in counselling.

(6×5=30)

Part C

*Answer any **two** questions.*

*Each question carries **15** marks.*

22. Define psychology and elaborate the pseudo psychology.
23. Enumerate the different learning enhancement methods.
24. Explain in detail the memory improvement techniques.
25. Explain the techniques of REBT and reality therapy.

(2×15=30)

