Register No.: ……………………… Name: …………………………………………………

SAINTGITS COLLEGE OF ENGINEERING (AUTONOMOUS)

(AFFILIATED TO APJ ABDUL KALAM TECHNOLOGICAL UNIVERSITY, THIRUVANANTHAPURAM)

SECOND SEMESTER INTEGRATED M.C.A DEGREE EXAMINATION (S), SEPT 2022

(2020 SCHEME)

Course Code:	**20IMCAT110**
Course Name:	**Personality Development and Soft Skills**
Max. Marks:	**60** **Duration: 3 Hours**

PART A

(Answer all questions. Each question carries 3 marks)

1. Write a note on the need for personality development.
2. Explain the importance of taking personality tests.
3. Mention the need and importance of self-awareness.
4. What is stress? Elaborate its reasons and effects on an individual.
5. Differentiate between Morals, Values and Ethics.
6. Which are the harmful ways of dealing with emotions?
7. Describe Nonverbal communication.
8. Explain the importance of eye contact in nonverbal communication.
9. What are the different types of GD?
10. How to be an active listener?

PART B

(Answer one full question from each module, each question carries 6 marks)

MODULE I

11. Define personality. What are the different attributes and characteristics of personality? (6)

OR

12. Who is your favorite leader? What are the qualities of a good leader? (6)

MODULE II

13. How to identify stress and what are the methods in which you can manage stress? (6)

OR

14. Define self - awareness. Explain the tools and techniques of self- awareness. (6)

MODULE III

15. Describe PATH method and explain different relaxation techniques used for managing emotions. (6)

OR

16. Write a short note on the importance of conflict management. (6)

MODULE IV

17. Explain different forms of non- verbal communication. Mention any three non-verbal cues for communication.   (6)

OR

18. Write a note on the effective use of body language at interviews, group discussions and video conferences.   (6)

MODULE V

19. What is the real purpose of a curriculum vitae? Prepare a model Curriculum Vitae.   (6)

OR

20. What are the different types of e learning techniques?   (6)

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