

Register No.: ..... Name: .....

**SAINTGITS COLLEGE OF ENGINEERING (AUTONOMOUS)**

(AFFILIATED TO APJ ABDUL KALAM TECHNOLOGICAL UNIVERSITY, THIRUVANANTHAPURAM)

**SECOND SEMESTER INTEGRATED M.C.A DEGREE EXAMINATION (R), JULY 2022****(2020 SCHEME)****Course Code: 20IMCAT110****Course Name: Personality Development and Soft Skills****Max. Marks: 60****Duration: 3 Hours****PART A***(Answer all questions. Each question carries 3 marks)*

1. Define Personality
2. Mention any three personality tests
3. Explain the technique of journaling
4. Define attitude
5. Explain Respect for others
6. Compare sharing and caring
7. Define personal zones
8. How is video conference conducted
9. Mention the three types of group discussion
10. State three benefits of e-learning

**PART B***(Answer one full question from each module, each question carries 6 marks)***MODULE I**

11. a) State the determinants of Personality (3)
- b) Explain the Big Five model of Personality (3)

**OR**

12. a) Describe the qualities required to be an effective leader (3)
- b) Describe the different types of Interpersonal skills (3)

**MODULE II**

13. a) Discuss the Tools and Techniques of Self Awareness (3)
- b) Explain the use of Psychometric tests (3)

**OR**

14. a) Explain Stress Diaries (3)
- b) Describe the 4 A's of Stress Management (3)

**MODULE III**

15. a) Differentiate between Morals and Ethics (3)
- b) Describe the Types of Conflicts and how to manage them (3)

**OR**

16. a) Identify the Harmful ways of dealing with emotions (3)  
b) Explain the PATH method of Relaxation (3)

**MODULE IV**

17. a) Describe how Body language can be effectively used (3)  
b) If you have been short listed for a job interview, how are you going to prepare for the interview (3)

**OR**

18. a) Mention the components of Video conferencing (3)  
b) Explain the different forms of non verbal communication (3)

**MODULE V**

19. a) Prepare a curriculum vitae (3)  
b) Summarize the most commonly asked questions in an interview (3)

**OR**

20. a) Describe the e-learning Technologies (3)  
b) Is there any future for e-learning ? Substantiate your answer (3)

\*\*\*\*\*